



# Lady Florence

## CONVENT SCHOOL

NEW BEGINNINGS, BRIGHT HORIZONS

APRIL - MAY 2025-26



# PREFACE...

Located at the heart of the millenium city – Gurgaon, the school is recognised across Delhi-NCR for providing Supreme-Quality Academics and inculcating strong values in the students.

Since past two decades, we are striving towards creating a tradition of sustained excellence which is built upon a foundation of continuous improvement and lifelong learning, setting new standards every day for others to emulate.

**Our vision** reflects what we hope to achieve as a school community and for our students, which is strictly to help students become moral, ethical, and successful human beings.

**Our Motto:** ‘Light thy Soul’ – Truly describes what we believe in:

Open the soul, O man, to the cosmic and let it flow in as one with thy soul. Light is eternal and darkness is fleeting.  
Seek ye ever, O man, for the light know ye that ever as light fill thy being, darkness for thee shall soon disappear.

[Emerald Tablet VII :The Seven Lords]  
Thoth

Our primary value system is of creating strong academic skills along with building our students’ strong ethical values, i.e. integrity, respect, discipline, and secularism. Potent values with the clarity of thought, futuristic vision, decision-making ability, and morality is what makes our champions and best human-beings. Our students are champions in every sphere of life, be it arts, music, sports , Olympiads and quizzes.



## **FROM THE CHAIRPERSON'S DESK**

At Lady Florence Convent School, we hold that real education goes beyond lesson plans—it enters the heart, sparks the mind, and charts the course of a life. Beyond grades and ranks lives the heart of a person—bravery, kindness, humility, and understanding. These lasting values are the very core of LFCS, lighting the path for every child to shine with honesty, caring, and a strong sense of purpose.

Reflecting on the bright road we've traveled between April and May of 2025, my heart swells with pride and happiness. In every lesson circle, on every stage, during science fairs, and throughout our community projects, I have seen our young people grow—anchored in our cherished past, yet boldly dreaming forward. They are not rehearsing for tests; they are rehearsing for the grand performance of life.

Every project and joyful moment we hold at LFCS proves that learning is not locked in a text—it comes alive through daring to explore, asking brave questions, serving others, and celebrating expression. From our colorful festivals to caring for the planet, from thoughtful exhibitions to rallies for justice, each occasion rings with our promise to raise complete persons who see the entire world and love it deeply.

We stay true to our purpose: to shape young hearts with kindness, courage, and curiosity—so they blossom into both great students and wise friends to the world.

My deepest thanks go to our caring teachers and bright students. Their energy and determination turn every day into a special story of learning, respect, and change that will stay with us forever.

**MRS. ARUNA DANG**  
Chairperson, Lady Florence Convent School



## FROM THE PRINCIPAL'S DESK

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Dear Students, Respected Parents, and Esteemed Staff Members,  
Greetings!

As we continue our journey through this academic year, I feel immense pride in the collective efforts and accomplishments of our school community. At Lady Florence Convent School, our vision is to foster a nurturing environment where students are empowered to grow intellectually, emotionally, and socially, while upholding strong values and a sense of responsibility.

This term has been filled with moments of pride and celebration. Our students have delivered outstanding academic performances, especially in their board examinations, making us immensely proud with their dedication, discipline, and determination. Alongside academics, they have also showcased their talents in various co-curricular arenas—be it their expressive and heartfelt performances in the self-composed poem recitation competition or their energetic participation in sports tournaments such as skating and taekwondo. These achievements reflect not only their perseverance but also the vital role played by our supportive parents and committed educators. To our parents, I extend heartfelt thanks for your consistent encouragement and partnership. To the teaching and non-teaching staff, your tireless efforts and passion continue to shape the future of our young learners. And to our dear students—keep striving, keep believing, and never stop growing. Every effort you make brings you one step closer to your dreams.

Looking forward to an engaging and enriching learning session ahead.

Warm regards,

Mrs Jyoti Ahuja  
PRINCIPAL

# KINDERGARTEN WING

## BAISAKHI BASH - Dancing to tradition, Harvest joy

Baisakhi with great enthusiasm, dressed in traditional attire. Dance, sing, and enjoy the festive atmosphere, learning about the cultural significance of this harvest festival. Filled with laughter, music, and colorful outfits. The celebration was a wonderful way to teach our young learners about Indian festivals and traditions. They enjoyed every moment, and it was heart-warming to see them embracing our cultural roots.



The Baisakhi Bash was not just a festive celebration—it was a meaningful step toward instilling values of respect for our heritage. With shining eyes and joyful hearts, our kindergarteners learned that celebrating culture brings communities together and cultivates pride in one's roots.



# KINDERGARTEN WING

## EARTH DAY - Small steps, Big Impact

Earth Day taking a pledge to protect our planet. The young eco-warriors made promises to reduce, reuse, and recycle, taking small steps towards a greener future.

Dressed in green and blue, participated in activities focused on saving the environment. Through art and craft, expressed their creativity while learning about sustainability. This celebration was not just a one-day affair—it was a spark igniting lifelong eco-conscious habits in our young learners. As they proudly displayed their green creations, it became clear that our kindergarteners had not just learned about the Earth—they had fallen in love with it. The future is greener, thanks to these budding environmentalists!



# KINDERGARTEN WING

## PARENT-TEACHER MEETING - Partners in Progress

Parents-Teacher Meeting, which received an overwhelmingly positive response. Parents actively engaged with teachers, expressing satisfaction with their child's progress. The meeting provided a valuable opportunity for parents to witness the improvement in their child's development. The PTM strengthened the bond between parents and teachers, fostering a collaborative approach to our students' growth.



# KINDERGARTEN WING

## AQUA FIESTA 1 - Splashing into happiness

Splashing time at the pool, enjoying water activities and beating the summer heat. A fun-filled day of pool activities brought smiles and laughter to our students' faces, making it a memorable summer experience. Aqua fiesta celebration was the perfect way to beat the summer heat, with kids having a splashing good time.



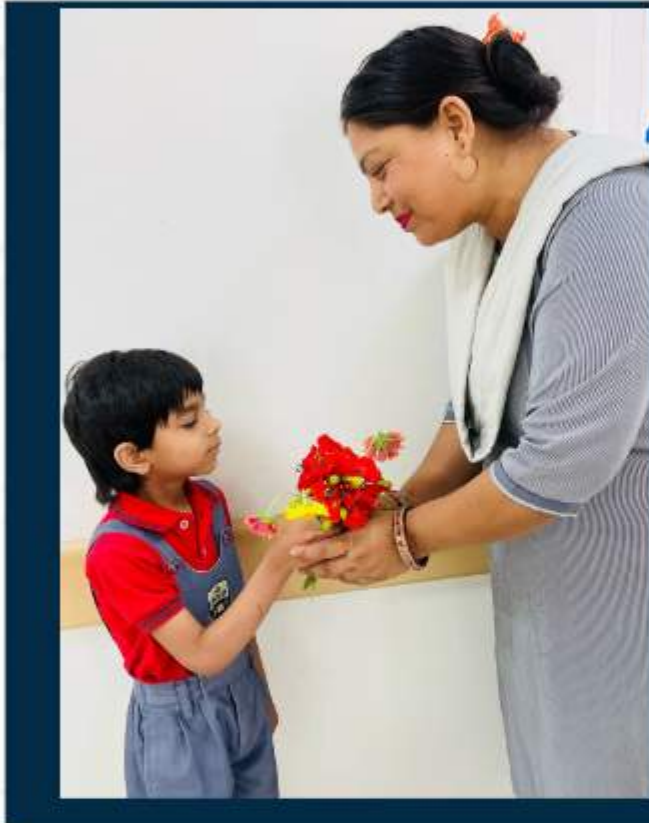
Aqua Fiesta 1 was not just about beating the heat—it was about embracing joy, building friendships, and creating magical summer memories. It reminded us all that learning doesn't always come from books; sometimes, it flows in the ripples of a splash and echoes in laughter shared with friends.



# KINDERGARTEN WING

## LABOUR DAY - Hard Work Deserves Appreciation

The event was designed to teach students about the importance of labour and the contributions of workers in our society. Through this celebration, students gained a deeper understanding of the value of labour and the role of workers in our community. They learned about the challenges faced by workers and developed empathy and social awareness.



# KINDERGARTEN WING

## MOTHER'S DAY - Love, Gratitude, and Hugs for Mom

Showcasing their love and appreciation for their mothers, the highlight of the event was the DIY cards and gifts created by the children as a tribute to their super moms. The event strengthened the bond between mothers and children, filling the atmosphere with love and gratitude.



# KINDERGARTEN WING

## INTERNATIONAL FAMILY DAY - United We Stand, As One Family

Students dressed up in family attire and participated in role-play activities, showcasing different family roles. Through this event, they learned the importance of family and bonding. The celebration strengthened relationships among students, teachers, and staff, highlighting the value of love, respect, and togetherness.



# KINDERGARTEN WING

## YELLOW DAY - Colours that Bring Joy

Our LFCS kindergarten school celebrated Yellow Day with vibrant enthusiasm! Students learned about yellow fruits, seasons, and enjoyed colour activities. They crafted beautiful DIY takeaways, showcasing their creativity. This fun-filled event brightened our day and taught the little ones about colours and nature.



# KINDERGARTEN WING

## FARM VISIT - Where Learning Meets Nature

Farm visit- students develop an appreciation for nature and understand the importance of conservation. During the visit, the children saw various types of plants and species, and gained a unique experience of connecting with nature. It's a valuable learning experience that complements their academic curriculum.



This firsthand exposure to rural life was more than just a field trip—it was a lesson in sustainability, respect for nature, and gratitude for our farmers. As their tiny feet walked through soil and their hands reached out to pet goats and cows, their young minds absorbed lessons that no textbook could teach. The farm visit truly brought education to life.



# KINDERGARTEN WING

## STORY NARRATION - *Imagine, Create, Explore*

Our kindergarten students were completely absorbed in a captivating story session, listening with wide eyes and big smiles as their teacher brought tales to life. The room was filled with wonder and excitement as they imagined and explored new worlds together.



# KINDERGARTEN WING

## AQUA FIESTA 2 - Beat the Heat with Aqua Fiesta Fun

The Aqua Fiesta event was a resounding success, bringing joy and excitement to our kindergarten students. With swimming, skill-based activities, and endless fun with friends, the event perfectly blended learning and play. Our young learners created unforgettable memories, and it was heartwarming to see them thrive in a fun-filled environment. The Aqua Fiesta event truly showcased the spirit of our kindergarten program, where creativity, friendship, and adventure come together.



The cheerful squeals and carefree splashes echoed the spirit of early childhood—joyful, spontaneous, and full of wonder. Aqua Fiesta 2 proved once again that experiential learning at LFCS Sohna doesn't just teach—it delights, inspires, and stays in young hearts as unforgettable memories.



# PRIMARY WING

## INTER HOUSE ACTIVITY - Nature collage

The Nature Collage Activity for students of Classes 1 to 3 is a creative and hands-on learning experience designed to help young children connect with the natural world while enhancing their artistic expression and fine motor skills. At this age, children are naturally curious and observant, making them eager to explore their surroundings. This activity encourages them to look closely at nature and use natural materials to create beautiful works of art.

The primary objective of the Nature Collage Activity is to help students develop an appreciation for nature and learn how to use natural items—such as leaves, flowers, twigs, seeds, and pebbles—in a respectful and creative way. Through this process, students begin to understand the beauty and variety found in the natural environment and how it can inspire art and storytelling.



# PRIMARY WING

## ZEN DEN ACTIVITY

The Zen Den for students of Classes 1 to 4 is a calm, peaceful space designed to support the emotional well-being and mindfulness of young learners. At this early stage of development, children experience many feelings they may not always understand or know how to express. The Zen Den provides a nurturing environment where students can relax, reset, and learn how to manage their emotions in a gentle and supportive way.

The main objective of the Zen Den is to help children recognize and understand their feelings, build inner calm, and develop healthy ways to cope with stress, anxiety, or overstimulation. Through age-appropriate activities such as deep breathing, guided relaxation, simple yoga poses, calming stories, quiet drawing, or mindfulness games, students are gently guided toward self-awareness and emotional balance.

The Zen Den encourages students to take a mindful pause when they feel overwhelmed, upset, or simply in need of quiet time. It promotes the values of kindness, patience, and self-care, helping children understand that it's okay to take a break and reconnect with themselves in a calm space.



# PRIMARY WING

## DRAMATIC CLUB

The Dramatic Club for students of Classes 1 to 3 is designed to provide a joyful and supportive environment where young children can explore the world of drama and performance. The primary objective of the club is to encourage creativity, build self-confidence, and develop communication skills through imaginative play and storytelling.

At this early stage, children are naturally expressive and eager to explore new ideas. The Dramatic Club nurtures this natural curiosity by engaging students in age-appropriate activities such as role-playing, puppet shows, skits, expressive movements, and voice exercises. These activities help children learn how to express emotions, speak clearly, listen to others, and work as a team.

In addition to developing social and emotional skills, the club also promotes a love for language and literature by introducing students to folk tales, fairy tales, and simple scripts that spark their imagination. Through guided practice and gentle encouragement, students gain the confidence to perform in front of an audience, helping them overcome stage fear and become more self-assured.

Above all, the Dramatic Club aims to make learning fun and meaningful. It provides a safe space where children can freely express themselves, appreciate the value of teamwork, and begin their journey into the world of performing arts with joy and enthusiasm.



# PRIMARY WING

## ART AND CRAFT

The Art and Craft Club for students of Classes 1 to 3 is established with the aim of fostering creativity, imagination, and self-expression through hands-on artistic activities. At this foundational stage of learning, children are naturally curious and eager to explore the world around them. The club provides a joyful and nurturing environment where young learners can experiment with colors, textures, and materials to create their own unique pieces of art.

Through a variety of engaging activities—such as drawing, painting, paper folding, clay modeling, collage making, and seasonal crafts—students are encouraged to use their imagination and develop their fine motor skills. These activities not only stimulate creative thinking but also improve hand-eye coordination, concentration, and patience.

The Art and Craft Club also aims to help children express their thoughts, feelings, and experiences visually. It provides opportunities for students to understand basic art concepts like shape, color, pattern, and design in a playful and accessible way. Working on collaborative projects promotes teamwork and a sense of belonging, while individual tasks boost self-confidence and independence.

Most importantly, the club seeks to make art a joyful and enriching experience. It encourages students to appreciate beauty in everyday things, respect their peers' work, and take pride in their own efforts. Through guided instruction and free exploration, the Art and Craft Club lays a strong foundation for a lifelong love of creativity and artistic expression.



# PRIMARY WING

## SPORTS CLUB

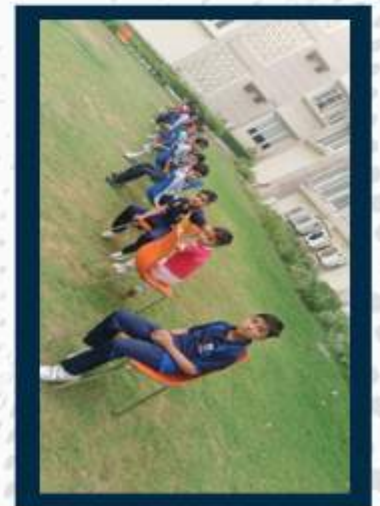
The Sports Club for students of Classes 1 to 3 is designed to promote physical fitness, teamwork, and a love for active play in a safe and encouraging environment. At this young and formative age, children are full of energy and enthusiasm. The Sports Club channels this energy into structured physical activities that support healthy growth and development.

The primary objective of the club is to help children build strong motor skills, coordination, balance, and flexibility through fun and age-appropriate games and exercises. Activities such as running, jumping, basic ball games, relays, and team challenges are introduced in an enjoyable and inclusive manner, allowing every child to participate and shine.

Beyond physical development, the Sports Club also teaches important life skills such as teamwork, cooperation, fair play, and respect for others. Students learn how to follow rules, take turns, and encourage their peers, which helps build a strong sense of discipline and sportsmanship from an early age.

The club fosters a positive attitude towards physical activity, helping children understand the importance of a healthy lifestyle. It also provides opportunities for students to discover their strengths and interests in different types of sports, laying the foundation for more advanced skill-building in the future.

Above all, the Sports Club creates a joyful and supportive space where students can move, play, and grow. It aims to instill in children a lifelong love for physical activity, confidence in their abilities, and the value of staying active and healthy.



# PRIMARY WING

## DANCE AND MUSIC CLUB

The Dance Club for students of Classes 1 to 3 is created to inspire creativity, rhythm, and physical expression in a joyful and encouraging environment. At this early stage of development, children naturally enjoy movement and music. The club taps into this enthusiasm to help young students explore dance as a fun and expressive form of art and communication.

The primary objective of the Dance Club is to develop body awareness, coordination, and self-confidence through age-appropriate dance routines and rhythmic exercises. Through various styles of movement—ranging from basic folk and classical forms to modern and creative free dance—students learn to express their emotions, tell stories, and connect with music in meaningful ways.

Dance also plays a key role in enhancing motor skills, balance, flexibility, and posture. Regular participation in the club supports physical health while nurturing a sense of discipline and focus. As students learn simple choreography and perform in groups, they build teamwork, patience, and the ability to follow instructions.

In addition to the physical benefits, dance offers a powerful outlet for emotional expression and imagination. The club encourages each child to feel confident in their uniqueness, helping them overcome stage fear and discover the joy of performing.

Most importantly, the Dance Club aims to cultivate a lifelong appreciation for the performing arts in a warm and inclusive setting. It celebrates movement as a form of happiness, connection, and creativity, allowing each child to shine and grow through the rhythm of dance.



# PRIMARY WING

## HEALTH AND WELLNESS CLUB

Students of Classes 1 to 3 are designed to help young children develop healthy habits and understand the importance of physical, mental, and emotional well-being. At this early stage of life, it is essential to lay a strong foundation for a healthy lifestyle, and the club aims to do so in a fun, engaging, and age-appropriate way.

The primary objective of the club is to teach students the basics of personal hygiene, nutrition, physical fitness, and emotional care through interactive activities and discussions. Children participate in simple exercises, games, storytelling sessions, and craft-based learning that promote wellness in an enjoyable and relatable manner.

The club encourages students to eat nutritious foods, stay physically active, practice cleanliness, and recognize their feelings. It also introduces the importance of rest, hydration, and positive thinking. Fun role-plays, songs, and group activities help reinforce these concepts while building self-confidence and social awareness.



# PRIMARY WING

## LITERARY CLUB

The Literary Club for students of Classes 1 to 3 is designed to spark a love for reading, writing, speaking, and listening in young learners. At this early stage, children are developing foundational language skills, and the club offers a joyful and creative environment to nurture their curiosity and imagination through literature and language.



The primary objective of the club is to enhance vocabulary, communication skills, and comprehension through fun and engaging activities such as storytelling, recitation, picture reading, creative writing, group discussions, and role play. These activities help students become more confident speakers, attentive listeners, and expressive writers. Through a wide range of age-appropriate stories, poems, and word games, the club encourages students to explore the beauty of language. It also helps them develop critical thinking skills and the ability to express their thoughts clearly and confidently. Listening to stories and participating in conversations improves their understanding of sentence structure, tone, and emotions in communication.



# MIDDLE WING

## TED TALK JR. - Speak Your Mind Activity

As part of our continued efforts to promote student voice and self-expression, an Inter-House TED Talk Jr. activity was organized for Classes 4 to 7. The event aimed to provide a platform where young minds could speak passionately about their interests or concerns that truly matter to them.

Students delivered impactful 2-3-minute talks, sharing thoughts on diverse topics ranging from hobbies and dreams to social and environmental issues. The atmosphere was filled with confidence, clarity, and courage as students took the stage and spoke straight from the heart.

It was inspiring to witness our learners expressing themselves so thoughtfully and confidently, demonstrating not just communication skills but also empathy, awareness, and originality.

Let us continue to encourage our children to speak up, share ideas, and inspire change—one voice at a time



The event didn't just enhance public speaking skills—it cultivated courage, curiosity, and leadership. It was a powerful reminder that even young voices can carry deep insight and inspire change. TED Talk Jr. nurtured a culture of self-expression and reflection at LFCS, proving that when students are encouraged to speak, they don't just learn—they lead.

# MIDDLE WING

## Inter-House Radio Jockey Activity

As part of our creative enrichment programmes, an exciting Inter-House Radio Jockey Activity.

It was held on Saturday, 17th May 2025 for students of Class 8th. The event offered a vibrant platform for students to showcase their voice modulation, spontaneity, and communication flair.

Our young RJs took to the mic with remarkable confidence, blending humor, awareness, and rhythm into engaging radio segments. From jingles and talk shows to mock interviews and entertaining updates, the students brought the spirit of a real radio station alive in the classroom! The activity not only enhanced students' public speaking and improvisation skills but also helped build their confidence in creative expression. It was heartening to witness such enthusiastic participation and talent echoing through the airwaves!

Let's continue to amplify student voices and create more spaces where they can express, engage, and inspire



The activity encouraged collaboration, time management, and public speaking in a truly engaging format. By the end, the event had created a chorus of laughter, learning, and unforgettable moments—showcasing that when students speak with purpose, their voices truly shine.

# MIDDLE WING

## SKSI Karate Cup 2025 - Proud Participation!

Selected students from Lady Florence Convent School participated in the SKSI Karate Cup held at Sector 27 Community Center, Gurgaon. With great energy, discipline, and determination, our young martial artists showcased their skills in Kumite, reflecting true sportsmanship and dedication.

It was a proud moment to see our students compete with confidence and represent the school with honor. Kudos to all the participants!



Sr.no	Students Name	Class and Section	Medal
1	Dhruv pandav	5th B	Gold
2	Pavani	4th C	Gold
3	Mayank	5th A	Silver
4	Mishti	8th A	Silver
5	Lakshit	5th D	Silver
6	Pulkit	5th C	Silver
7	Daivik	8th B	Bronze
8	Rishit	7th A	Bronze
9	Areeba	5th A	Bronze
10	Khushi	6th A	Bronze
11	Jiya	5th A	Bronze

# SENIOR WING

## Model United Nations (MUN) - My Superpower Activity

Lady Florence Convent School, Sohna, proudly hosted an engaging MUN session for its senior secondary students, offering them a platform to step into the shoes of global diplomats. Delegates represented various countries, researched world issues, and engaged in intense debate over pressing international concerns such as climate change, refugee crises, and sustainable development.



The activity not only enhanced their public speaking and negotiation skills but also nurtured empathy, leadership, and a deeper understanding of geopolitical dynamics. Students collaborated to draft resolutions, defend national interests, and build consensus—mirroring the real-world workings of the United Nations. The energy in the committee rooms was electric, filled with passionate voices and thoughtful perspectives. It was heartening to witness young minds think critically, speak confidently, and respect diverse viewpoints. The MUN left a lasting impression, inspiring students to become more informed, responsible, and proactive global citizens of tomorrow.



# SENIOR WING

## Cooking Without Fire Club – Stirring Creativity, Sans Flames

The Cooking Without Fire Club at LFCS Sohna turned kitchens into classrooms and recipes into art as senior secondary students donned their aprons and dived into a world of culinary creativity—without a single flame! The club promoted the idea that healthy eating can be fun, artistic, and deeply satisfying. From refreshing salads and wraps to vibrant fruit platters and innovative desserts, students explored the art of no-cook cuisine using fresh, nutritious ingredients.



Beyond taste, the sessions focused on presentation, hygiene, portion control, and food safety. Students learned the importance of balanced diets while also collaborating on recipe ideas, measurements, and plating techniques. These sessions became a fun and interactive platform for communication, teamwork, and life skills. With laughter echoing through the corridors and aromas of freshly mixed herbs in the air, the Cooking Without Fire Club was a delicious success. It fostered independence, responsibility, and self-expression—proving that creativity doesn't need a flame to shine. Most importantly, the students walked away with a lifelong appreciation for good food and the joy of sharing it with others.



# SENIOR WING

## Sports Club – Fueling Fitness and Team Spirit

The Sports Club is where energy meets discipline. Senior secondary students actively participated in a range of athletic pursuits—from track events and team sports to fitness drills and yoga sessions. The club fostered a spirit of healthy competition, resilience, and teamwork. Every practice was an opportunity to build stamina, coordination, and strategic thinking. Students not only honed their physical abilities but also learned the value of sportsmanship, leadership, and perseverance. With every sprint, pass, and goal, they celebrated effort over outcome and unity over rivalry. The Sports Club became a powerful platform where students grew stronger—both in body and character—instilling a lifelong love for fitness and fair play.



With coaches mentoring them at every step, students learned that winning isn't always about crossing the finish line first—it's about giving your best and lifting others along the way. The Sports Club became more than just a physical outlet—it became a character-building arena where discipline met passion, and strength met sportsmanship.



# SENIOR WING

## Dramatics Club – Where Expression Finds a Stage



The Dramatics Club at LFCS Sohna offered senior secondary students an exhilarating space to express, create, and transform into storytellers of impact. With each rehearsal and performance, students explored the depth of human emotions, honed their stage presence, and gained confidence in front of an audience.

The club's creative sessions involved scriptwriting, voice training, body language exercises, and improvisation games, which unlocked a treasure trove of talents among our budding thespians. From riveting monologues to ensemble performances, the students explored diverse



narratives, cultures, and themes—developing empathy and a nuanced understanding of the world around them. Teachers provided structured guidance while encouraging artistic freedom, ensuring each student felt seen and celebrated. What emerged was a vibrant community of expressive individuals who could speak their truths with clarity and conviction. The Dramatics Club not only helped students overcome stage fear but also taught them the value of collaboration, timing, and emotional intelligence.



It nurtured both performers and listeners, proving once again that theatre is not merely an art—it's a powerful tool for transformation, communication, and self-discovery.

# SENIOR WING

## Community Service Club – Hands That Help, Hearts That Care

The Community Service Club empowered senior secondary students to reach beyond themselves and serve with compassion. Through visits to local shelters, cleanliness drives, and awareness campaigns, students actively contributed to the welfare of their community. They learned the value of empathy, responsibility, and selflessness while working together to make a positive impact. The club nurtured leadership qualities and a spirit of giving, showing students that small acts of kindness can create big changes. Each service activity strengthened their understanding of social challenges and inspired them to be agents of hope and change.



“Helping hands and hearts so true,  
Together we build a world anew.”

# SENIOR WING

## Sustainable Development Club – Empowering Eco-Warriors



At LFCS Sohna, environmental stewardship is not a subject—it's a mission. The Sustainable Development Club inspired senior students to take informed, conscious actions that contribute to a greener and more responsible world. Through awareness campaigns, tree plantation drives, waste segregation programs, and water-saving initiatives, the club equipped students with practical tools for sustainable living.

Each project helped them connect their learning to real-world environmental issues, building a sense of urgency and ownership toward planet Earth. Students engaged in brainstorming sessions on topics like climate change, renewable energy, and green innovation—fueling both their intellect and passion. Teachers encouraged critical inquiry and collaborative problem-solving, empowering students to not only ask “why” but also explore “how” they could make a difference. The club became a vibrant space for young eco-leaders to research, reflect, and act with conviction. By participating in sustainable practices both in and out of school, our students embraced their roles as ambassadors of environmental consciousness. The Sustainable Development Club didn't just teach sustainability—it nurtured a lifelong commitment to protecting the planet.



# SENIOR WING

## Mastermind Club – Sharpening Minds, Unlocking Potential

The Mastermind Club at LFCS Sohna was a sanctuary for critical thinkers, problem solvers, and logic enthusiasts. It offered a dynamic platform for students to challenge their intellect and sharpen their analytical abilities through brain games, strategy puzzles, debates, quizzes, and team competitions. Designed to stimulate curiosity and creativity, each session pushed students beyond rote learning into the realm of applied knowledge and strategic thinking. Whether cracking codes, solving riddles, or playing mental math relays, students found joy in thinking differently and working collaboratively.



The club fostered grit, patience, and lateral thinking—essential qualities for future innovators and leaders. Discussions often spiraled into exciting explorations of real-life applications in economics, technology, and science, bridging the gap between curriculum and capability. Mentors encouraged self-reflection, resilience, and innovation, reminding students that mistakes are often the stepping stones to breakthroughs. The Mastermind Club wasn't just about intelligence—it was about mindset. It nurtured learners who are not afraid to question, who are eager to solve, and who see challenges as opportunities. In every session, our students grew not just smarter—but more curious, confident, and collaborative.

# SENIOR WING

## Earth Day Poster Making Activity – Art for Awareness

On Earth Day, the corridors of LFCS Sohna transformed into a visual campaign for environmental awareness. Senior students poured their creativity and concern into striking posters that echoed messages of conservation, sustainability, and love for our planet. With themes like "Save Our Earth," "Beat Plastic Pollution," and "Go Green," each poster reflected not just artistic talent but deep-rooted environmental values. Guided by teachers, students blended vivid imagery with compelling slogans, using art as a tool for advocacy.



As brushes moved and colours danced on paper, conversations blossomed around pressing global issues like climate change and deforestation. This event wasn't just about aesthetics—it was about awakening responsibility. The poster-making activity empowered students to become ambassadors of change, showing how powerful a message can be when it comes from the heart. Their artwork stood as silent protests, loud calls for action, and creative pledges for a sustainable future. The Earth Day activity reminded us all that the canvas of change begins with awareness—and our students are ready with their colours of hope.



# SENIOR WING

## Zen Den Classes – Nurturing Mindfulness and Calm



In the heart of academic bustle, the Zen Den Classes at LFCS Sohna offered a sacred pause—a moment of stillness amidst the noise. Senior students were gently introduced to mindfulness practices that helped them cultivate inner peace, emotional balance, and mental clarity. Through guided breathing, visualizations, gratitude journaling, and silent reflection, students learned how to manage stress and stay grounded. Each session was an invitation to disconnect from external pressures and reconnect with the self. Teachers skillfully facilitated conversations around emotions, thought patterns, and resilience, fostering a space that was free of

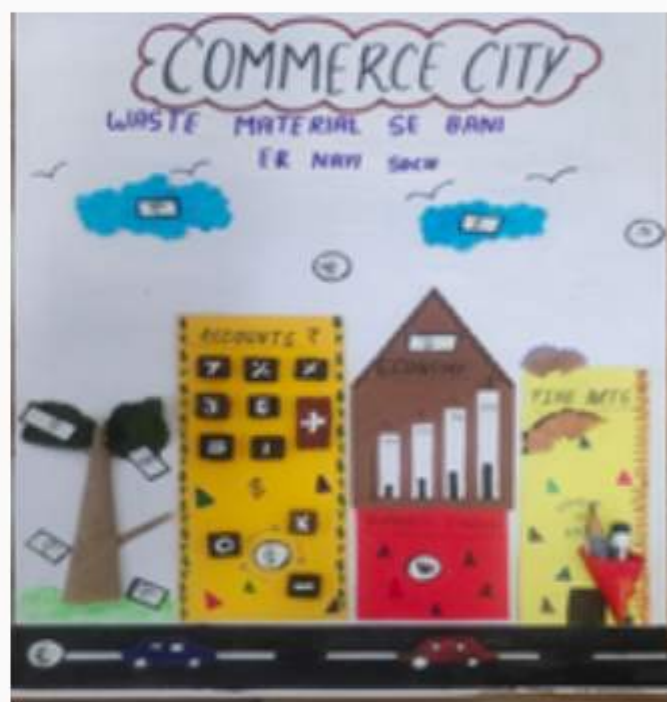
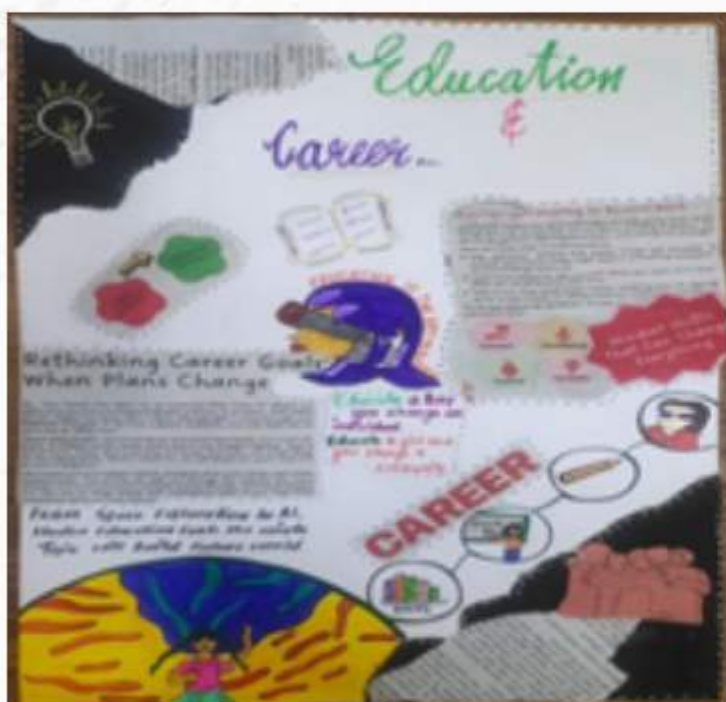
judgment and full of empathy. These classes became safe havens where students could reset their focus and return to their academic and personal lives with renewed strength and purpose. The Zen Den not only helped students regulate anxiety and improve concentration, but also planted the seeds of self-awareness and compassion. In a world that often demands constant movement, the Zen Den taught the powerful art of stillness—and in that stillness, our students found strength.



# SENIOR WING

## Creative Corner - Where Imagination Takes Flight

The Creative Corner at LFCS Sohna became a sanctuary for voices often left unspoken and dreams often left unpainted. This vibrant platform encouraged senior students to explore their thoughts and emotions through poems, essays, articles, and artistic illustrations. Whether reflecting on personal experiences, social issues, or global concerns, each piece radiated honesty, originality, and depth. Teachers provided gentle mentorship, helping students refine their expression without stifling their unique voices.



The Creative Corner celebrated risk-taking in art and writing, inviting students to step beyond formulaic responses and into their own creative flow. Walls adorned with heartfelt poetry, bold posters, and expressive drawings turned the school into a gallery of student consciousness. This space was not just about output—it was about exploration. It gave students the courage to speak, create, and critique. It promoted empathy, self-confidence, and awareness—all vital attributes of thoughtful individuals. Through this initiative, LFCS proudly nurtured not just artists or writers, but compassionate communicators who understand the power of expression.

# SENIOR WING

## Public Speaking - Finding your Voice with Confidence

The workshop on Public Speaking and Career Opportunities in Literature commenced with an inspiring quote. The session aimed to empower participants with effective communication skills while shedding light on the diverse career prospects available to Literature graduates.

The event was graced by esteemed resource person, Dr. Chetna Karnani, Assistant Professor of English at The NorthCap University, along with the respected Principal ma'am Ms. Jyoti Ahuja, the Central Administrative Head of Primary Wing- Ms. Neetu Jain, faculty members, and students. It was followed by a brief introduction of the resource person Dr. Chetna Karnani., who engaged the audience with practical techniques to enhance public speaking, emphasizing: Articulation & Clarity, Body Language, Posture & Confidence.



An interactive activity allowed participants to practice these skills. Dr. Kapoor debunked myths surrounding Literature degrees, showcasing diverse career paths such as, Academia & Research, Content Writing, Editing, and Publishing. The session underscored how literary studies cultivate critical thinking, creativity, and adaptability—skills are highly valued across industries.



# SENIOR WING

## Radio Jockey Inter-House Activity – Tune In and Speak Out!

“Good morning, LFCS listeners! This is your host, bringing you the most exciting voices from our Radio Jockey Inter-House Activity!” Senior secondary students at Lady Florence Convent School, Sohna, stepped into the spotlight, showcasing their spontaneity, wit, and creativity behind the mic. Each house presented lively segments filled with music, news, jokes, and engaging discussions. This activity boosted confidence, enhanced communication skills, and fostered teamwork. Students experienced the thrill of live broadcasting, learning how to connect with an audience and think on their feet. The event echoed with energy and laughter, making it a memorable experience for all participants.



# SENIOR WING

## Career Counseling – Guiding Dreams, Shaping Futures

The Career Counseling sessions offered senior secondary students personalized guidance to explore their strengths, interests, and aspirations.



Through one-on-one discussions, assessments, and interactive workshops, students gained clarity about various academic streams, professional paths, and emerging career opportunities. The counseling emphasized goal-setting, decision-making skills, and the importance of aligning passions with practical choices. It empowered students to navigate the complex world of career options with confidence and informed insight. The sessions also addressed challenges like peer pressure and self-doubt, encouraging resilience and self-belief. This holistic approach helped students take meaningful steps toward a fulfilling future. At LFCS, we believe choosing a career isn't just about



do—it's about who you'll become. And through these sessions, our students moved one step closer to becoming their best selves.

# SENIOR WING

## Skating Tournament – Gliding Towards Excellence

Our students participated in Skating Tournament where they were showcasing speed, skill, and sportsmanship. Participants competed in various categories, demonstrating agility, balance, and determination on the rink. The event was filled with cheers and excitement, fostering a spirit of healthy competition and camaraderie among peers. Students pushed their limits, celebrated each other's progress, and learned the importance of perseverance and discipline. The tournament not only highlighted physical fitness but also boosted confidence and teamwork. It was a thrilling day where every glide brought students closer to their personal best.

### Gold Medalists

- 1:- Sanvi - Grade I
- 2:- Atharv - Grade I
- 3:- Kirat. - Grade 2
- 4:- Ayansh - Grade 2
- 5:- Mirza. - Grade 3
- 6:- Mreenali - Grade 3
- 7:- Yuvansh. - Grade 3
- 8:- Shruti. - Grade 3
- 9:-Devansh -Grade 3
- 10:- Sachit - Grade 4
- 11:- Dawik. - Grade 4
- 12:- Prachi - Grade 4
- 13:- Tanishq - Grade 6
- 14:- Yashvi Khatana -Grade 6
- 15:- Drishty. - Grade 6
- 16:- Naksh Yadav - Grade 7
- 17:- Shashank. - Grade 8
- 18:- Chetan - Grade 9
- 19:- Lucky - Grade 9
- 20:- Keshav. - Grade 10
- 21:- Abha - Grade 11
- 22:- Deepak. - Grade 12

### Silver Medalists

- 1:- Ivaan - Grade 1
- 2:- Yuvraj - Grade 2
- 3:- Unnati - Grade 2
- 4:- Dakshit. - Grade 2
- 5:- Ayansh. - Grade 3
- 6:- Aradhya - Grade 3
- 7:- Savana. - Grade 3
- 8:- Shaurya - Grade 4
- 9:- Aryan Dubey - Grade 5
- 10:- Yatika - Grade 5
- 11:- Mohd. Ayan - Grade 5
- 12:- Safia Ansari - Grade 6
- 13:- Vansh Kaushik - Grade 9
- 14:- Jai - Grade 10

### Gold Medalists

- 1:- Unnati - Grade 2
- 2:- Kartik - Grade 3
- 3:- Kavya - Grade 3
- 4:- Kanak - Grade 3
- 5:- Lakshay - Grade 4
- 6:- Aradhna. - Grade 4
- 7:- Mayra. - Grade 5
- 8:- Raman. - Grade 5
- 9:- Daksh Bhardwaj - Grade 5
- 10:- Akshar - Grade 9
- 11:- Aditya - Grade 9



# SENIOR WING

## World Health Day – Celebrating Wellness and Awareness

World Health Day at LFCS Sohna was more than just a day of activities—it was a reaffirmation of our commitment to holistic wellness. With the theme focused on both mental and physical health, senior students participated in invigorating fitness sessions, thought-provoking workshops, and expert-led discussions on nutrition, emotional resilience, and hygiene. Posters and presentations brought awareness to global health concerns like stress, diabetes, and lifestyle diseases. Students were encouraged to adopt balanced diets, engage in regular exercise, and practice mindfulness techniques.



The event emphasized that health is not a luxury—it's a daily choice. Through interactive activities and peer-led awareness drives, the students didn't just learn—they inspired each other. World Health Day became a platform to reflect on habits, set personal wellness goals, and spread a culture of care across the school community. It reminded us all that strong minds and strong bodies are the real cornerstones of success.

The event also highlighted global health challenges and the significance of community support in overcoming them. Students left inspired to take proactive steps toward their own well-being and that of others, fostering a culture of health consciousness.

**“Health is the true wealth we often miss,  
Cherish your life, embrace wellness, and bliss.”**

# SENIOR WING

## Labour's Day – Honoring the Hands that Build Our World

Students celebrated Labour's Day with deep respect and gratitude for the hardworking individuals who keep our communities thriving. Students engaged in activities that highlighted the dignity of labour and the vital contributions of workers across various fields. Through speeches, presentations, and group discussions, students gained a better understanding of the value of perseverance, teamwork, and dedication. The event fostered empathy and appreciation, inspiring students to acknowledge and honor the efforts behind everyday comforts and progress. It was a meaningful celebration of commitment, resilience, and the spirit of service.



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**“To every hand that toils and strives,  
We salute your strength, your dreams, your lives.”**

# SENIOR WING

## As We Turn the Page...

The months of April and May unfolded like a vibrant tapestry of growth, creativity, and achievement at Lady Florence Convent School. From the joyful echoes of laughter in kindergarten classrooms to the insightful projects and dynamic assemblies in the senior wing, every corridor resonated with the spirit of learning and purpose. Our students embraced each opportunity with enthusiasm, and our dedicated educators steered every moment with vision and care.

As we draw the curtain on this engaging chapter, we extend heartfelt appreciation to our parents, mentors, and staff who made every initiative meaningful. Yet, this is only the beginning.

July and August await us with fresh dreams, renewed energy, and new milestones to conquer. We promise more stories of inspiration, innovation, and imagination in the coming edition.

Until then, keep the flame of curiosity alive and stay connected!

**Stay tuned — The journey of learning continues...**



# Lady Florence

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SOHNA

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