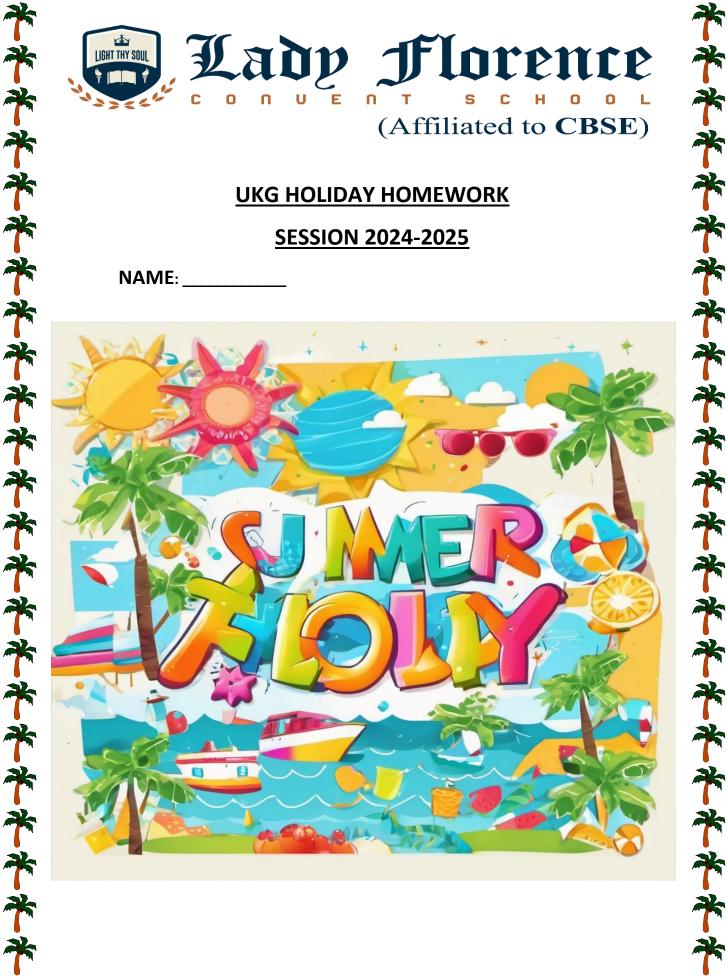


# **UKG HOLIDAY HOMEWORK**

# **SESSION 2024-2025**

NAME:



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Dear Parents,

### Greetings!

Here comes awaited summer holidays! Weather has turned very hot. To ensure in this sweltering heat, your ward is busy at home, revising last two months learning we are giving some wonderful creative activities that you and your ward can enjoy doing together and spending quality time with your child as well. The given activities are engaging, fun and educational, focusing on developing various skills through play way activities. We hope you enjoy a delightful summer vacation with your kids.

(Dear Parents, please read the given content to your child)

(Name of your ward) \_\_\_\_\_,

I Love you!

You are the most beautiful person in my life. I can see you are growing every day and becoming braver, stronger and smarter. I am proud of the way you are learning each day and there is nothing that you cannot do.

Here are some activities for you. We are both going to do these activities and have lots of fun together.

# NOTE FOR THE PARENTS:

Dear Parent, Please don't forget to take the pictures of your ward while doing the activities or ask someone to take these pictures for you. Send one compiled collage of it pasted on an A3 size sheet.

# D.E.A.R Activity

D.E.A.R (Drop Everything and Read). Set aside time to read together at home. Bedtime and other quiet times, like the afternoon, work well. Cuddle with your child and read their favorite book using lots of voice modulation. This will help them in developing their reading habit.

Some of the suggestions are given below

Books like:

- I can Read (Level 1), Good Night Series, Very Hungry Caterpillar etc.
- You can give them the picture books, coloring books, and story books to explore.

# Follow up Activity:

- 1- Ask them to recall the characters and incidents from the stories.
- 2- Find out their favourite character and why?
- 3- Find out who their favorite character and why. Once your child chooses their favorite character, do some research together about the character? Help them color the picture on an A4 size sheet and let your child have fun drawing. Note: We are not looking for neatness and perfection; we want the children to enjoy creating their favorite character in their own ways.

# I DO & I LEARN

# Activity -1

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- Remember to do these things every day to help your parents and grandparents:
- Help your mother to set up the dining table before lunch and dinner.
- Remember to wear your apron while doing your activities and use mat while eating.

Fold the apron and mat after its use.

- Help your parents by watering the plants in your garden or terrace.
- Ensure to keep your Toys in their place after playing.
- You can help your grandparents in small age appropriate things like bringing them

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water, helping them in their medicines, bringing them their eye glasses etc.

# Activity -2

# 2. Nature Walk:

Take a morning walk with your ward and gather:

fallen leaves of various shapes, sizes, and colors.

Pasting them in their school scrap book as per their shapes, colour and sizes would be a great fun.

twigs and small branches to create a photo frame. Given below are few samples for you. Feel free to show your creativity. Once you come back post holidays we can together display these around. \*\*\*\*



Activity -3 WORLD ENVIORMENT DAY (5<sup>TH</sup> JUNE): Best Out Of Waste

# 3 a. Bird Feeder:

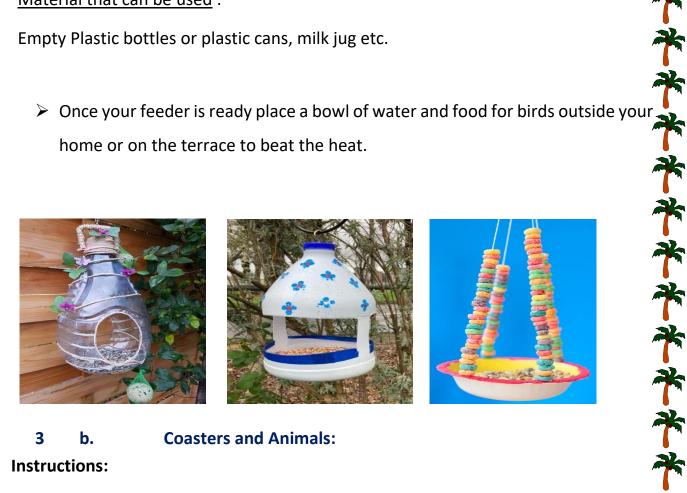
Before deciding which bird feeder to make, research with your child to learn about the birds in your neighborhood, their habitats, and their diets. With this information, you can select the most suitable bird feeder for them. Once you have decided on the kind of bird you will like to feed you can decide on the

feeder type.

We have given few ideas with pictures to make it easy for you to understand. Use any waste material to create your bird feeder.

Material that can be used :

Empty Plastic bottles or plastic cans, milk jug etc.



Instructions:

Use waste material that is circular or square in shape to create coasters and animals" like old C.D's, old tiles, old wooden pieces, plastic, jar tops etc.

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3. Activity 4:

# YOGA DAY (21<sup>st</sup> June):

"A healthy mind resides in a healthy body"

# 1- Tree Pose-

Steps to Perform Tree Pose:

**Starting Position:** 

- a- Stand tall with your feet together and arms at your sides.
- b- Bring your hands together in front of your chest in a prayer position.
- c- Focus on a fixed point in front of you to help maintain balance.
- d- Raise Your Arms overhead, keeping your palms together or shoulder-width apart.
- e- Hold the Pose and count till 10.
- f- Breathe in and out through your nose.
- g- To release, slowly lower your arms and return your right foot to the floor.



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# 2- Sukhasan –

# \*\*\*\*

a- Sit on your yoga mat with legs crossed as shown in the picture.

- b- Put your arms on your thighs.
- c- Now breathe in and out through your nostrils.

You are advised to practice yoga poses daily for healthy lifestyle at home during summer vacation, ask your parents to click the picture and make your own album by pasting these pictures with the help of your parents.

3- <u>Cobra Pose-</u> Steps to Perform COBRA Pose:

# Mantra: 'I am open to Change'



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Starting Position:

- 1. Lie on your tummy with legs stretched out behind you as shown.
- 2. Place your palms beside your shoulders on the ground.
- 3. Join the legs together, tightening them imagining they are together as one.
- 4. Inhale deeply. Press into your palms and begin to lift your upper body. Gently lift your head, chest, and shoulders off the ground.

- 5. Tighten the abs, buttocks and thighs.
- 6. Look up to the ceiling and then straight ahead. Make sure your neck and arms remain straight.
- 7. Take a few deep breaths and stay in the pose. Hiss like a cobra!
- 8. Come back slowly to your normal position: Head down, relax your legs and arms.

# 4- Child Pose:

Mantra:' I am connected'



Starting Position:

- 1. Sit on your thighs. Stretch your hands touching the ground/mat.
- 2. From your hands and knees, press your hips toward your heels.
- 3. Stretch your arms and head forward and down into the ground while you keep your hips back and down toward your feet.

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- 4. Breathe deeply and relax.
- 5. If it feels safe, close your eyes and let your face relax.
- 6. Try to breathe slowly in and out, allowing your lungs to expand and contract.
- 7. When you feel done, come straight and relax.

Practice yoga poses daily with your ward for healthy lifestyle at home during

summer vacation.

Click the pictures or ask someone to take your pictures.

Make your own album by pasting these pictures with the help of your parents.

# Activity 5. Paper Tie

# Father's Day Celebration (17 June) -

# "The greatest gift I ever had, came from God. I call him dad.

Help your ward in creating a paper tie for his/her father . It can be a pleasant surprise and fun craft activity. Here's a simple guide to make one:

Materials needed:

- > Colored chart paper (preferably in your father's favorite color or pattern)
- Scissors
- Glue or double-sided tape
- > Marker or pen (optional, for decoration)
- Decorative material as per availability

# Instructions:

- Start by choosing the color of paper you want to use for the tie. You can use a single color or mix and match different colors for a more vibrant look.
- Cut out a large rectangle from the paper for the main part of the tie. The size of the rectangle will depend on how big you want the tie to be. A typical size for a paper tie would be around 8-10 inches long and 4-6 inches wide.
- Next, cut out a smaller rectangle from a different colored paper for the knot of the tie. This rectangle should be slightly smaller than the main part of the tie, about 4-5 inches long and 2-3 inches wide.
- Fold the larger rectangle (main part of the tie) in half lengthwise to create a crease down the center. This will be the fold of the tie.
- Take the smaller rectangle (knot) and fold it in half lengthwise as well. Then, fold down the top corners to create a triangle shape at one end. This will resemble the knot of the tie.
- Open up both the main part of the tie and the knot. Apply glue or double-sided tape along the backside of the knot, then place it at the top of the main part of the

tie, aligning the folded edges.

- Press down firmly to secure the knot in place. Allow the glue to dry completely.
- If desired, you can use a marker or pen to add decorative elements to the tie, such as stripes, polka dots, or a message for your father.
- Once the tie is complete, you can present it to your father as a thoughtful handmade gift. He'll surely appreciate the effort and love you put into making it!









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# **Activity Sheets**

# Instructions:

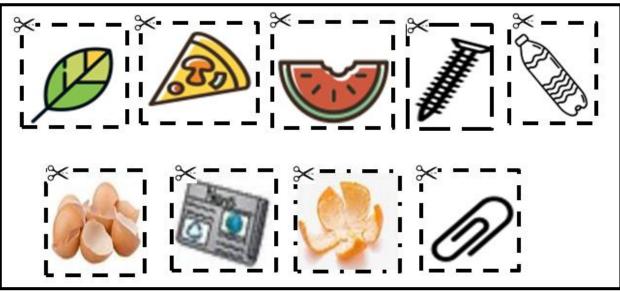
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- ✓ Take a printout of the following activity sheets.
- ✓ Ask your ward to complete them independently.
- ✓ Keep an eye if help is required.
- ✓ Ensure work is done neatly.
- ✓ Do not forget to mention your ward's name and date.

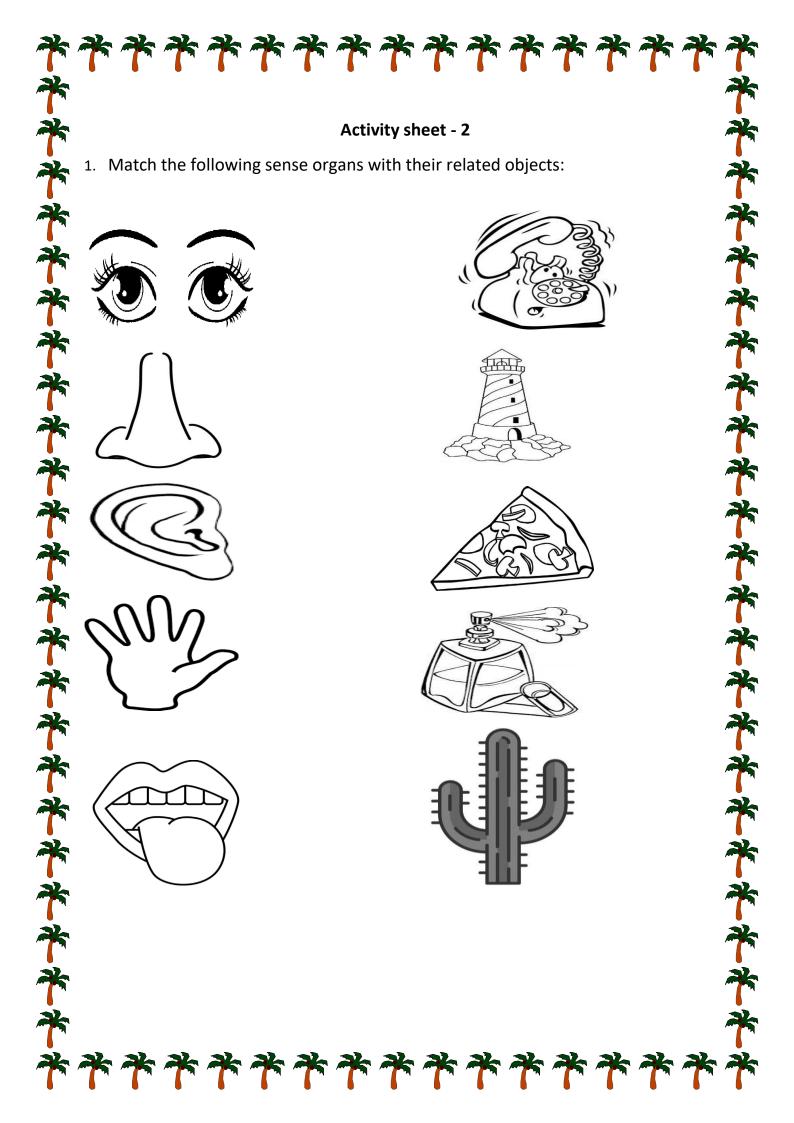
# **Activity Sheet-1**

# Segregation of Dry and Wet waste

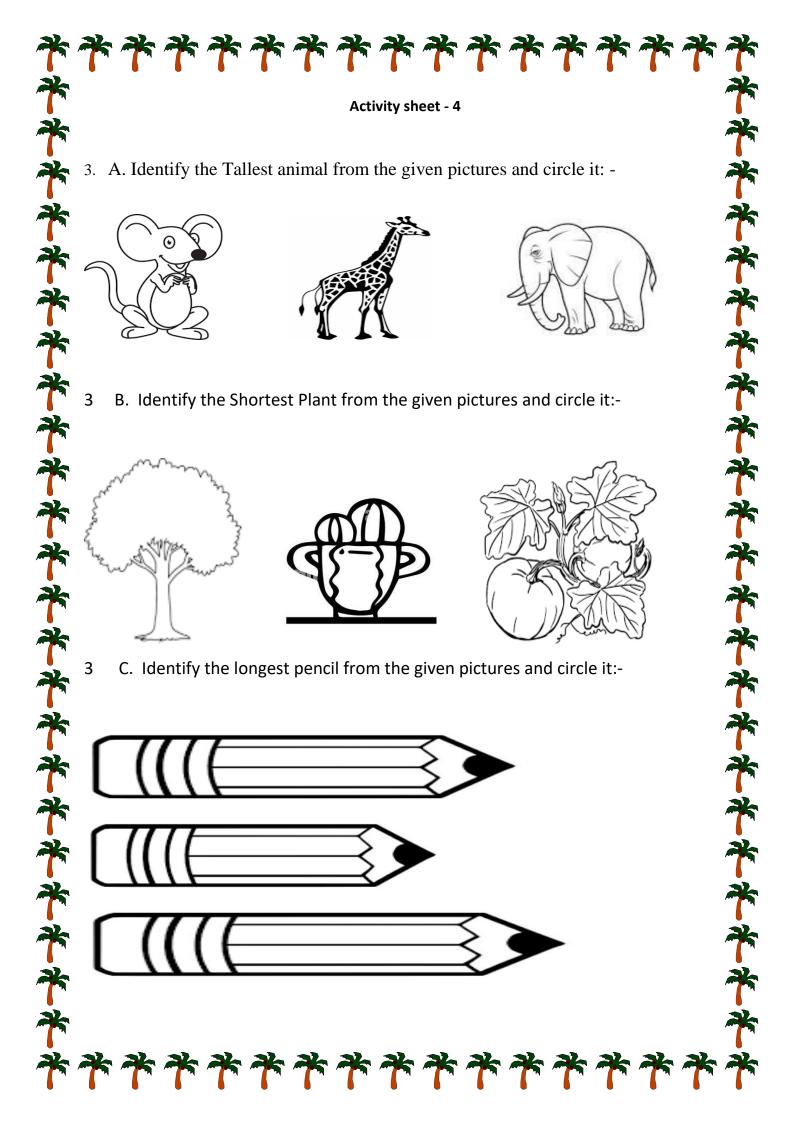
 Let's sort waste. Cut the pictures given below into dry and wet waste. Paste them in the appropriate bins given below.





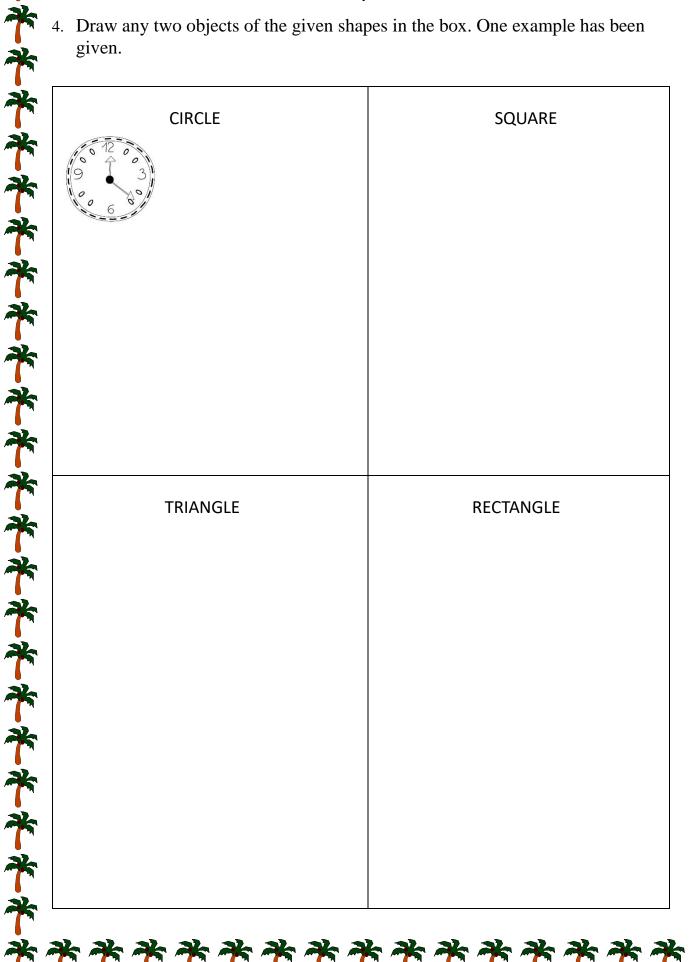


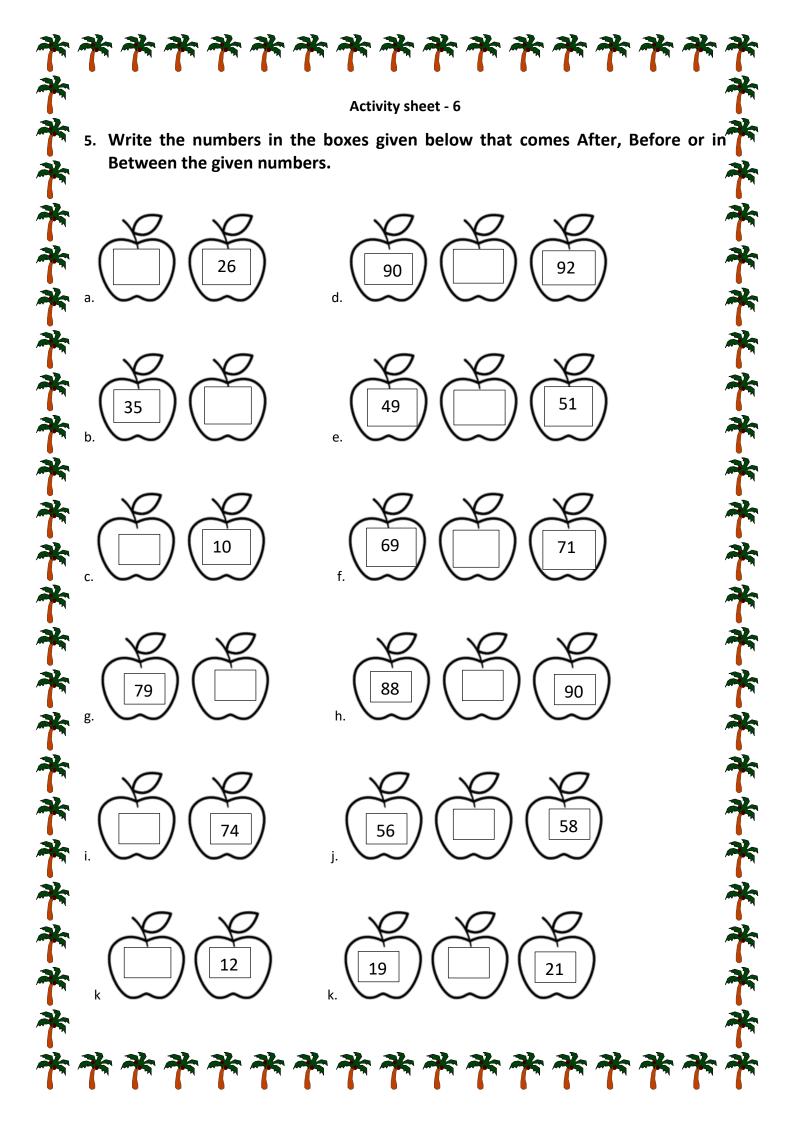
			Activity she	et - 3		
			MATH			
plete	the missing	number	rs as per th	e given se	equence -	
22			25			
32			_ 35			
54		56				
20	21					
48			_ 51			
19				23		
14		16				
23			_ 26			
1		3		_		
9			12			



### Activity sheet - 5

4. Draw any two objects of the given shapes in the box. One example has been given.





# **ENGLISH**

1. The following schedule allows you to practice both Capital letter and Small letter formations throughout the week, helping you improve your handwriting skills systematically.

# Instructions:

✓ Do the given work in schools notebooks.

Days	(English Holiday Homework Practice notebook)	(Grafalco book)
Monday	A-Z (Uppercase)	
Tuesday	a-z Small (lowercase)	
Wednesday	A-Z (Uppercase)	
Thursday	a-z Small (lowercase)	
Friday	A-Z (Uppercase)	
Saturday	a-z Small (lowercase)	Grafalco (ENGLISH) book Pg. No.12 – 24
Sunday		Grafalco

# FUN WITH CVC WORDS

# **Activity: Wind Chime:**

Creating a wind chime with CVC (Consonant-Vowel-Consonant) words can be a fun and educational activity.

Enjoy making it with your ward and have fun listening to the sounds of CVC words!

2.

# Material Required:

✓ Index cards or cards cut from thick chart paper or card board

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- ✓ Crayon stick or coloured marker
- ✓ Punch machine
- ✓ String or yarn 12-18 inches long
- ✓ Small bells or shells
- ✓ Wooden stick or a big ring or any shape you want to cut Instructions:

# **Choose CVC words:**

Revise and select a few CVC words of 'a' sound that your ward wants to incorporate into his/her wind chime. You can take 'an', ag, am, at, ap, ad, ab sounds for examples "c**at,"** "p**an,"** "b**ag**" "d**am,"** etc. you can write 15- 21 words on your cards.

# Write the words:

Write each CVC word on an index card or a piece of cardboard using a marker. Make sure that the letters are clear and easy to read.

cat

cat

# Punch holes:

Use a hole puncher to create a hole at the top of each index card.

# Attach bells:

Cut several lengths of string or yarn, each about 12-18 inches long. Thread one end of each string through the hole in an index card and tie a knot to secure it. Then, attach a small bell or chime to the bottom of each string as shown in the picture.

# Assemble the wind chime:

Tie the loose ends of the strings to a central ring or stick, leaving enough space between each index card and bell so they can move freely and make sounds when the wind blows.

# Hang and enjoy:

Find a suitable place to hang your CVC words wind chime, such as near a window or in your garden. As the wind blows, the index cards and bells will move and create different CVC words, providing a fun and educational experience.

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# \*\*\*\*\* हिंदी E.

गतिविधि पत्रक: 1

खेलते खेलते याद करें स्वर और व्यंजन।

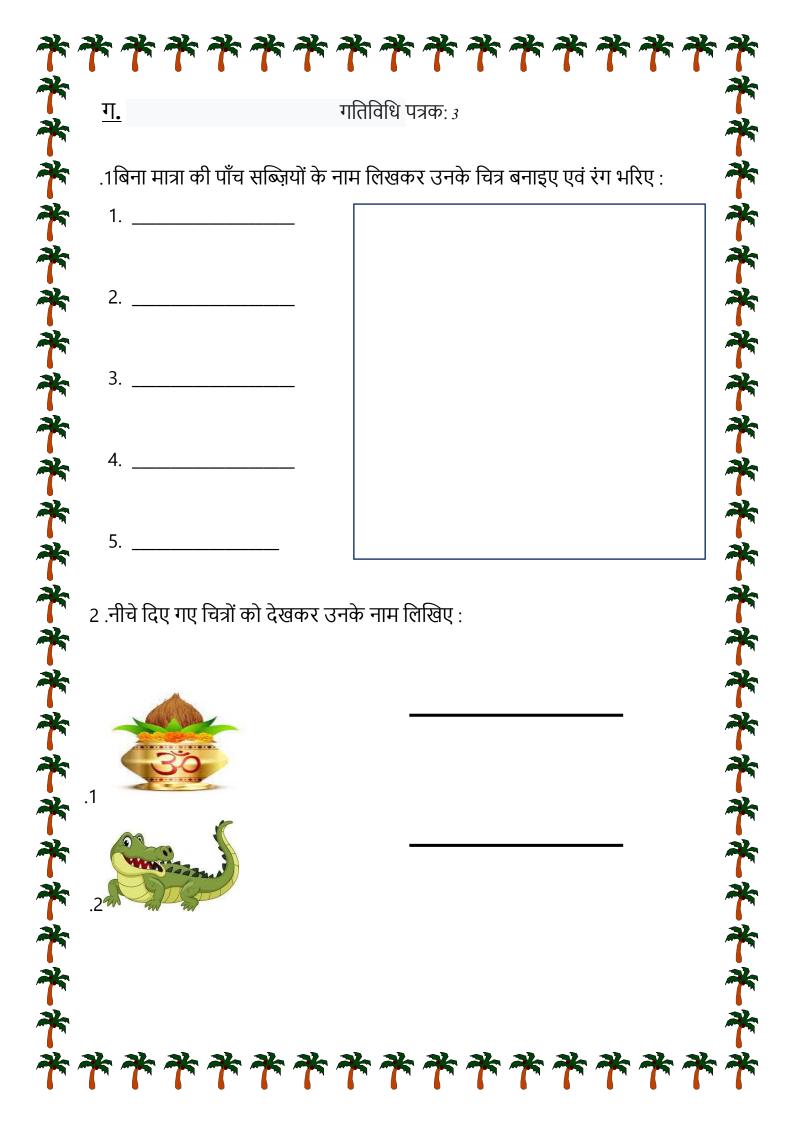
# कार्य करने कि गतिविधिः

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•A4 पन्ने पर तना (trunk) बना कर रंग भरिए / • पत्तियाँ काट कर टहनी पर चिपकाएँ और उन पत्तियों में स्वर और व्यंजन लिखिए व वर्णमाला बनाए ।



\*\*\*\*\*\* \*\*\*\*\*\* \*\*\*\*\* गतिविधि पत्रक: 2 ख. 1. नीचे दिए गए चित्रों को देखकर अक्षरों को जोड़कर शब्द बनाए: घ + र = घर 0 0 ब + स = प + ढ़ = 10 द + स = न + ल = ध + न = ज + ल = फ + ल = \*\*\*\*\*



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.5         3. नीचे दिए गए शब्दों की सहायता से वार उदाहरण: शहद चख।         .1         .1	*
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.4नीचे दिए गए शब्दों के दो	दो लयात्मक शब्द लिखिए :	
1 चल		
2 मन		
3 गरम		
4 मगर		
Must do:		
• Drink lots of wa	ter / juices and eat healthy food.	
	eds (caring, sharing, etc)	
• Read every day.	. Watch less of T.V.	

\* \*\*\*\*\* \* \*\*\*\*\* Ť \*\*\*\*\* 0 \*\*\*\*\* will Reopen on: -8th July School 2024 Have fun and be safe!